

Policy Type: Ends Results for Students**Life and Work Skills**

All students will acquire the knowledge necessary to make wise choices and exhibit the habits and behaviors to achieve productive, healthy and balanced lives for themselves, their family and community.

Students will:

- 3.1 Exhibit positive character traits
 - 3.1.1. trustworthiness
 - 3.1.2. responsibility
 - 3.1.3. respect
 - 3.1.4. fairness
 - 3.1.5. compassion
- 3.2 Define personal goals and develop plans to achieve them
- 3.3 Use critical thinking skills
- 3.4 Demonstrate effective interpersonal skills in team as well as individual endeavors
- 3.5 Recognize and accept the consequences of their actions
- 3.6 Be financially responsible
- 3.7 Understand and practice the components of good physical, mental, and emotional health, including:
 - 3.7.1. Engaging regularly in physical activity
 - 3.7.2. Avoiding high risk behaviors
 - 3.7.3. Practicing good nutrition

Adopted: 4/22/03

Amended: 1/11/05

Monitoring Method:

Monitoring Frequency: Annually in May

Metropolitan Nashville Board of Education